

THE ROCKS

BED AND BREAKFAST

SAMPLE MENU

Gluten/Dairy/Egg free options are available, please ask.....

FRESH ORANGE JUICE

A choice of Cereals for example: porridge, rice krispies, cornflakes, coco pops

TRADITIONAL ULSTER FRY

(1 Pork Sausages, 1 grilled thick cut smoked backbacon, Clonakilty black pudding, fried egg, butter sautéed mushrooms, grilled tomato, 1 fried soda bread and potato bread)

LARGE TRADITIONAL ULSTER FRY

(HEALTH WARNING!!! this is a BIG breakfast!)

(2 Pork Sausages, 2 slices of grilled thick cut smoked backbacon, Clonakilty black pudding, fried egg, butter sautéed mushrooms, grilled tomato, 2 fried soda bread and potato bread)

'HOWAY THE TOON' BREAKFAST STACK

(Inspired by our very good friends from Newcastle Upon Tyne)

Grilled thick cut smoked backbacon, Clonakilty black pudding and 2 poached eggs stacked up on a slice of toast

SHAKSHUKA WITH AN ULSTER TWIST!

A delicious North African breakfast of eggs poached in a spicy tomato sauce with an Ulster twist of streaky bacon, sausages, haricot beans and chilli

EGGS BENEDICT

Toasted muffin, topped with smoked bacon, poached egg and homemade hollandaise sauce

FRESHLY BAKED

Freshly baked Croissants and/or Pain au Chocolat

Freshly made fluffy Canadian style pancakes with maple syrup

Please choose from – plain or with delicious blueberries or raspberries...
or a trio – one of each!